

GRACIE BARRA ST. AUGUSTINE SCHEDULE



MON

TUE

WED

THU

FRI

SAT

6:00 AM
GB 1
Fundamentals

6:00 AM
GB 2
NO GI

6:00 AM
GB 1
All Levels

6:00 AM
GB 2
NO GI

6:00 AM
GB 1
Fundamentals

11:00 AM
GB 2
All levels
NO GI

12:00 PM
GB 2
NO GI

12:00 PM
GB 1
All levels

12:00 PM
GB 2
NO GI

12:00 PM
GB 1
All levels

9:30 AM
GB F
WOMEN ONLY

4:30 PM
GB K
3-6 yo

5:30 PM
GB F
WOMEN ONLY

4:30 PM
GB K
3-6 yo

5:30 PM
GB F
WOMEN ONLY

12:00 PM
GB 2
NO GI

5:30 PM
GB K
7-13 yo

07:00 PM
GB 2
NO GI

5:30 PM
GB K
7-13 yo

7:00 PM
GB 2
NO GI

4:30 PM
GB K
3-6 yo

6:30 PM
GB 1
Fundamentals

8:00 PM
30MIN
SPARRING

6:30 PM
GB 1
Fundamentals

8:00 PM
30MIN
SPARRING

5:30 PM
GB K
7-13 yo

7:00 PM
ADULTS
OPEN MATS



(904) 815-2734

GB F

Women only

GB K

Little Champions 1 (3-6 Years Old)

LC2/Jrs (7-13 Years Old)

GB 1 GB 2

Adults - Fundamentals - All levels

Adults - Advanced